

Nowadays the way many people interact with each other has changed because of technology. In what ways has technology affected the types of relationships people make? Has this become a positive or negative development?

Humans have been exposed to communicate with each other consistently. real human relationships cause our evolution and ~~human's~~ humans' life faces disorders without it. on the other hand, technology always has changed human's life. with technology promotion, these relationships take place via television, computer and mobile phone unlike in the past which was Face to face.

Technology has affected individual and social behaviour of humans significantly. These effects have been checked in social and psychological parts. Relationship between humans takes place through these reasons: Solving problems with others, conflicts removal, information exchange, better self-understanding, Social needs removal like need to love and be loved. this relationship usually takes place face-to-face which is done verbally or non-verbally and it is considered one of the natural needs of human. Social needs are in the second category after physical and safety needs.

Social effects: unlike in the past that human's communication was being done through radio, Telephone and Telegraph And it was one-sided and do not have feed-backs, Nowadays communication with the video calling system has made the two-sided connection possible.

Psychological effects: Human loneliness and individualism in the world of information is because of the possibility which new communication technologies regarding to home working Have made in that there is no need to leave house for work. Therefore, humans become depressed in long-term gradually because of reduction of social contact. But reinforcement of face-to-face relationships prevents incidence of psychological injuries.

To deal with the negative effects of the technology era, it's necessary to get acquainted with proper use of Medias like computer, radio and internet through people teaching. Regarding to human's communication, it is necessary to say electronic relationships are not good alternatives to face-to-face relationships at all. Because these relationships are lack of lack human and emotional dimensions, too much reliance to-on this kind of communication causes depression and mental disorders.